# **Chicken Recipes**

### Hannie's Kitchen

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#### **Smashwords Edition**

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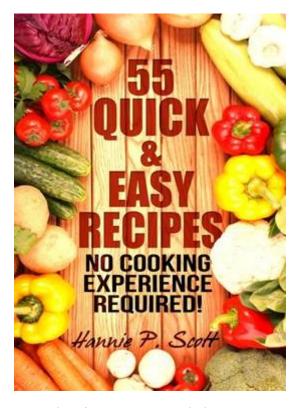
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## **Abbreviations**

$$oz = ounce$$

$$fl oz = fluid ounce$$

$$tsp = teaspoon$$

$$tbsp = tablespoon$$

$$ml = milliliter$$

$$c = cup$$

$$pt = pint$$

$$qt = quart$$

$$gal = gallon$$

$$L = liter$$

## **Conversions**

$$1/2 \text{ fl oz} = 3 \text{ tsp} = 1 \text{ tbsp} = 15 \text{ ml}$$

1 fl oz = 2 tbsp = 
$$1/8$$
 c = 30 ml

$$2 \text{ fl oz} = 4 \text{ tbsp} = 1/4 \text{ c} = 60 \text{ ml}$$

$$4 \text{ fl oz} = 8 \text{ tbsp} = 1/2 \text{ c} = 118 \text{ ml}$$

$$8 \text{ fl oz} = 16 \text{ tbsp} = 1 \text{ c} = 236 \text{ ml}$$

$$16 \text{ fl oz} = 1 \text{ pt} = 1/2 \text{ qt} = 2 \text{ c} = 473 \text{ ml}$$

$$128 \text{ fl oz} = 8 \text{ pt} = 4 \text{ qt} = 1 \text{ gal} = 3.78 \text{ L}$$

# **Honey Baked Chicken**

Servings: 4-6

# What you need:

4 boneless, skinless chicken breasts

1/3 cup butter, melted

1/3 cup honey

2 tbsp creole mustard

1/4 tsp salt

- 1. Preheat your oven to 350 degrees F.
- 2. Place the chicken breasts in a shallow baking pan.
- 3. In a small bowl, combine the melted butter, honey, mustard, and salt.
- 4. Pour this mixture over the chicken.
- 5. Bake for 1 hour or to a minimal internal temperature of 165 degrees F. Baste every 15 minutes while baking.

# **Baked Honey Sesame Chicken**

Servings: 6

### What you need:

4 boneless, skinless chicken breasts

1 cup cornstarch

3 eggs

Salt and pepper, to taste

1/4 cup vegetable oil

3/4 cup honey

3/4 cup soy sauce

1/2 cup ketchup

1/2 cup brown sugar

1/2 cup rice wine vinegar

1 tsp sesame oil

1 tsp minced garlic

1 tbsp cornstarch

Sesame seeds, for garnish

- 1. Preheat your oven to 325 degrees F.
- 2. Cut the chicken breasts into bite sized pieces and season them with salt and pepper.
- 3. Place the corn starch in a medium sized bowl.
- 4. Crack the eggs into a separate bowl and slightly beat them.
- 5. Dip the chicken into the cornstarch then into the eggs.
- 6. In a large skillet over medium-high heat, heat the vegetable oil and cook the chicken until browned.

- 7. Place the browned chicken into a 9x13 baking dish.
- 8. In a mixing bowl, whisk together the honey, soy sauce, ketchup, brown sugar, rice wine vinegar, sesame oil, garlic, and 1 tbsp cornstarch.
- 9. Pour this mixture over the chicken.
- 10. Bake for 45 minutes, stirring every 15 minutes.

# Asiago Mushroom Chicken

Servings: 4

## What you need:

- 2 large boneless, skinless chicken breasts
- 2 cups mushrooms, chopped
- 1 clove garlic, minced
- 3 sprigs fresh thyme
- 1 1/2 cups dry white wine
- 1/2 cup flour
- 2 tsp Cajun seasoning
- 2 tbsp butter
- 2 tbsp olive oil, divided
- 1/2 cup heavy cream
- 1/2 cup shredded asiago cheese
- 1/2 tsp salt
- 1/4 tsp pepper

- 1. Pound the chicken breasts between two sheets of wax or parchment paper until they are evenly about 1/4-inch thick.
- 2. Cut each breast in half.
- 3. Heat the butter and 1 tbsp of olive oil in a large skillet over medium heat.
- 4. In a shallow bowl, mix together the flour and Cajun seasoning.
- 5. Dredge the chicken in the flour mixture and add it to the hot skillet. Cook until golden on each side then remove from the pan.
- 6. Add the rest of the olive oil to the hot skillet and saute the mushrooms and garlic until the mushrooms begin to brown.

- 7. Add the white wine to the skillet, scraping the sides and bottom with a wooden spoon.
- 8. Add the sprigs of thyme to the skillet.
- 9. Add the chicken back to the skillet and bring the mixture to a boil, reduce heat, then let simmer for 15 minutes.
- 10. Add the cream to the skillet and let it heat for about 3-4 minutes.
- 11. Add the asiago cheese and let it melt.
- 12. Cook the mixture for about 10 minutes until the sauce is thick.
- 13. Serve over pasta.

## **Parmesan Crusted Chicken**

Servings: 4-6

## What you need:

4 boneless, skinless chicken breasts

1/2 cup olive oil

1/2 cup ranch dressing

3 tbsp Worcestershire sauce

1 tsp white vinegar

1 tsp lemon juice

2 cloves garlic

1/2 tsp black pepper

1/4 cup ranch dressing

1/4 cup shredded parmesan cheese

1/2 cup panko breadcrumbs

1 tsp garlic powder

1/3 cup shredded parmesan cheese

2 tbsp melted butter

Provolone cheese slices

- 1. Place the chicken into a large zip lock bag.
- 2. In a small bowl, mix together the olive oil, 1/2 cup ranch dressing, Worcestershire sauce, vinegar, lemon juice, garlic, and pepper.
- 3. Pour this mixture into the bag with the chicken.
- 4. Place the bag in the refrigerator and leave it there for at least 1 hour.
- 5. Preheat your oven to 350 degrees F.

- 6. Spray a large baking sheet with nonstick spray.
- 7. Place the marinated chicken on the baking sheet and bake for 15-20 minutes or until the internal temperature of the chicken is at least 165 degrees F.
- 8. While the chicken is baking, mix together 1/4 cup ranch dressing and 1/4 cup parmesan cheese in a small bowl. This makes the sauce mixture.
- 9. In a separate bowl, mix together the panko crumbs, garlic powder, 1/3 cup parmesan cheese, and 2 tbsp melted butter. This is the crumb mixture.
- 10. After the chicken is finished baking, remove it from the oven and brush the sauce mixture on both sides of each breast.
- 11. Lay a slice of provolone cheese over each breast then spoon the crumb mixture on top of the cheese.
- 12. Place back in the oven, under the broiler, for 1-2 minutes or until the cheese is melted and the crumb mixture is browned. Be careful not to burn it!

# **Maple Mustard Chicken**

Servings: 4-6

# What you need:

4 boneless, skinless chicken breasts

1/2 cup Dijon mustard

1/4 cup maple syrup

1 tbsp red wine vinegar

Salt and pepper, to taste

- 1. Preheat your oven to 425 degrees F.
- 2. In a medium sized bowl, mix together the mustard, syrup, and vinegar.
- 3. Place the chicken into a 9x13 baking dish and season with salt and pepper.
- 4. Pour the mustard mixture over the chicken.
- 5. Bake for 30-40 minutes or until the internal temperature of the chicken reaches 165 degrees F.

# **Italian Chicken**

Servings: 4-6

## What you need:

4 boneless, skinless chicken breasts

1 packet dry Italian dressing mix

1/2 cup packed brown sugar

- 1. Preheat your oven to 350 degrees and line a 9x13 baking dish with aluminum foil.
- 2. In a small bowl, mix together the Italian dressing mix and the brown sugar.
- 3. Place the chicken breasts between two sheets of wax or parchment paper and pound them until they are thin.
- 4. Cut each chicken breast in half.
- 5. Dip each piece of chicken into the Italian dressing/sugar mixture and coat well.
- 6. Place the chicken into the baking pan.
- 7. Sprinkle any remaining seasoning mixture onto the chicken.
- 8. Bake for 20-30 minutes or until the internal temp is 165 degrees F. Flip the chicken over after about 15 minutes.
- 9. Broil the chicken on each side for 1-2 minutes before removing from the oven.

### **Chicken Bacon Casserole**

Servings: 8

## What you need:

4 medium russet potatoes

- 1 10.75-oz can of cheddar cheese soup
- 1 1/4 cup milk
- 10 slices bacon
- 4 boneless, skinless chicken breasts
- 2 cups shredded cheddar cheese

Salt and pepper, to taste

- 1. In a medium bowl, whisk together the cheese soup and milk. Reserve 1 cup of this mixture.
- 2. Wash and peel the potatoes. Cut them into very thin slices, about 1/4 inch thick.
- 3. Spray the bottom of a 9x13 dish with nonstick spray and preheat your oven to 350 degrees.
- 4. Spoon 1/4 of the cheese mixture into the bottom of your dish and place a layer of potatoes over the cheese mixture. Salt and pepper the potatoes. Repeat these layers two more times.
- 5 Cover the dish with foil and bake for 30 minutes
- 6. While the potatoes are baking, chop up the bacon and fry it in a skillet over medium heat until crispy. Remove from the skillet and set it aside.
- 7. Cut each chicken breast into thirds.
- 8. Sauté the chicken in the hot bacon grease over medium-high heat until lightly browned on each side.
- 9. Remove the dish from the oven and put the chicken on top of the potatoes.
- 10. Pour the reserved cheese soup on top of the chicken.
- 11. Cover tightly again and bake for another 30 minutes.
- 12. Remove the dish from the oven and sprinkle cheese evenly over the chicken and top with bacon pieces.

| 3. Cook, uncovered, for 10 minutes or until cheese is bubbly. |  |
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# **Glazed Shredded Chicken**

Servings: 4-6

## What you need:

- 4 boneless, skinless chicken breasts
- 1 cup packed brown sugar
- 2/3 cup apple cider vinegar
- 1/3 cup sprite
- 3 tbsp minced garlic
- 2 tbsp soy sauce
- 2 tsp black pepper
- 2 tbsp corn starch
- 2 tbsp water
- 2 tsp red pepper flakes

- 1. Spray your slow cooker with non-stick spray or insert a liner.
- 2. Place the chicken breasts inside the slow cooker.
- 3. In a small bowl, whisk together the brown sugar, vinegar, sprite, garlic, soy sauce, and pepper.
- 4. Pour this mixture over the chicken.
- 5. Cook on low for 6-8 hours or high for 4 hours.
- 6. Take the chicken out of the slow cooker and set it aside.
- 7. Pour the sauce from the slow cooker into a saucepan and heat it on the stove over medium-high heat.
- 8. Mix together the cornstarch and water.
- 9. Whisk the cornstarch mixture into the sauce mixture and bring it to a boil. Boil for 2-3 minutes or until it begins to thicken.
- 10. Shred the chicken with 2 forks and put it back in the slow cooker.

- 11. Pour the sauce over the shredded chicken and stir to combine.
- 12. Sprinkle red pepper flakes over chicken before serving.

# **Cheesy Chicken Rolls**

Servings: 6

# What you need:

- 1 package refrigerated crescent rolls
- 2 cups chopped cooked chicken
- 2 cups shredded cheddar cheese
- 1 10.75-oz can of cream of chicken soup
- 1 cup of milk

- 1. Preheat your oven to 350 degrees F and spray a baking dish with non-stick spray.
- 2. Separate the crescent rolls and unroll them onto a clean surface.
- 3. In a medium bowl, mix together the cream of chicken soup and milk.
- 4. Place a spoonful of chicken and a spoonful of cheese on the large part of each crescent roll.
- 5. Roll each crescent roll up and pinch the seal together.
- 6. Place each roll in the prepared baking dish.
- 7. Pour the soup mixture over the rolls.
- 8. Bake for 30 minutes.

### **Baked Potato Chicken Casserole**

Servings: 4-6

## What you need:

- 4 medium russet potatoes, scrubbed and diced
- 4 boneless, skinless chicken breasts, diced
- 4 slices of bacon, cooked and crumbled
- 1 1/2 cups shredded cheese
- 4 green onions, chopped

Salt and pepper, to taste

- 1/2 cup heavy cream
- 2 tbsp butter

- 1. Preheat your oven to 350 degrees F and grease a square baking dish.
- 2. Spread half of the diced potatoes into the bottom of the dish.
- 3. Place the diced chicken breasts in an even layer on top of the potatoes.
- 4. Season the chicken with salt and pepper.
- 5. Sprinkle half of the bacon crumbles, half of the green onions, and 1/2 cup of shredded cheese on top of the chicken.
- 6. Spread the other half of the diced potatoes on top.
- 7. Top the potatoes with the remaining bacon, 1/2 cup cheese, green onions, and salt and pepper.
- 8. Pour heavy cream over the top of the casserole and dot it with butter.
- 9. Cover with foil and bake for 1 hour.
- 10. Uncover and bake for another 30 minutes.
- 11. Ten minutes before time is up, sprinkle the rest of the cheese on top.

# **Shredded BBQ Chicken**

Servings: 6

# What you need:

- 3 skinless, boneless chicken breasts, cut in half
- 1 12-oz bottle of barbeque sauce
- 1/2 cup Italian dressing
- 1/4 cup brown sugar
- 2 tbsp Worcestershire sauce

- 1. Place the chicken in your slow cooker.
- 2. In a medium bowl, whisk together the barbeque sauce, Italian dressing, brown sugar, and Worcestershire sauce.
- 3. Pour this mixture over the chicken.
- 4. Cook for 6-8 hours on low or 4 hours on high.
- 5. Shred the chicken with two forks.

# **Stuffed Italian Chicken**

Servings: 4

## What you need:

4 skinless, boneless chicken breasts

8 oz fresh mozzarella cheese, sliced into 8 slices

1 12 oz jar of roasted red peppers, sliced into 1-inch pieces

1 bunch of whole leaf basil

1/4 cup freshly grated parmesan cheese

1 tbsp Italian seasoning

Salt and pepper, to taste

- 1. Preheat your oven to 400 degrees F and grease a 9x13 baking dish with non-stick spray.
- 2. Lay a chicken breast on your cutting board and cut a deep pocket into it. Repeat with all of the breasts.
- 3. Stuff each breast with 1 slice of red pepper, 1 slice of mozzarella cheese, and 1/4 of the basil. Tuck it all in really well. Use a toothpick to close it up real well if you want.
- 4. Sprinkle the tops of the chicken breasts with Italian seasoning.
- 5. Bake for 40 minutes.
- 6. Remove the dish from the oven and top the chicken with the remaining mozzarella slices and sprinkle on the parmesan cheese.
- 7. Broil until the cheese is browned and bubbly, 3-4 minutes. Watch carefully!

# Garlic Parmesan Chicken

Servings: 6

## What you need:

2 tbsp olive oil

2 cloves garlic, minced

1 cup bread crumbs

1 cup grated parmesan cheese

1 tsp dried basil

Salt and pepper, to taste

3 skinless, boneless chicken breasts, cut in half

- 1. Preheat your oven to 350 degrees F and grease a 9x13 dish with non-stick spray.
- 2. In a small bowl, whisk together the olive oil and garlic.
- 3. In a shallow dish, stir together the bread crumbs, parmesan cheese, basil, and black pepper.
- 4. Season each chicken breast with salt and pepper.
- 5. Brush each breast with the oil mixture then dip into the bread crumb mixture.
- 6. Place the coated chicken breasts into the prepared pan and sprinkle any remaining bread crumbs on top.
- 7. Bake for 30-40 minutes or until the internal temp of the chicken is 165 degrees F.

# **Spicy Fried Chicken**

Servings: 6-8

## What you need:

1 chicken, cut into pieces

1 quart buttermilk

3 eggs

1/3 cup water

1 cup hot sauce

4 cups flour

2 tsp pepper

2 tsp paprika

3 tsp cayenne pepper

Salt and pepper, to taste

Peanut oil, for frying

- 1. Place the cut-up chicken in a large bowl and pour the buttermilk over it. Cover and place in the refrigerator for 1-8 hours. The longer the better but it will still be good if you don't have much time.
- 2. In a large bowl, whisk together the eggs, water, and hot sauce.
- 3. In a gallon zip-lock bag, mix the flour, pepper, paprika, and cayenne pepper.
- 4. Remove the chicken from the buttermilk and sprinkle it with salt and pepper.
- 5. Place all of the chicken pieces into the zip lock bag with the flour mixture and shake until all pieces are coated.
- 6. Remove chicken, one piece at a time, shaking off the excess flour.
- 7. Dip each piece of chicken into the egg mixture, then return each piece to the flour mixture.
- 8. After all the pieces are back in the flour bag, shake it up really well a second time until the chicken is coated again.

- 9. Heat peanut oil in a deep pan or deep fryer to 350 degrees F.
- 10. Working in batches, drop each piece of covered chicken into the hot oil.
- 11. Fry for 15-20 minutes each, turning occasionally if you aren't using a deep fryer.

# **Barbeque Chicken Legs**

Servings: 4-6

# What you need:

3 lbs chicken legs

2 cups barbeque sauce

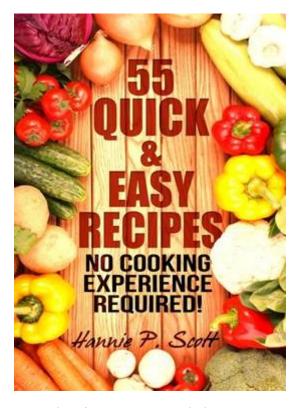
Garlic powder

Cajun Seasoning

Salt and pepper

- 1. Preheat your oven to 350 degrees F.
- 2. Pat the chicken dry with a paper towel and season well with garlic powder, Cajun seasoning, salt and pepper.
- 3. Place the chicken on a rack inside of a roasting pan.
- 4. Cover the roasting pan and bake for 45 minutes.
- 5. Remove the chicken from the oven and brush each piece generously with barbeque sauce.
- 6. Bake uncovered for 30 more minutes.
- 7. Increase the heat to 450 degrees and cook for another 5 minutes.

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